

## Report to the 2006 Legislature

Executive Summary - *Brian, Shirley, and Mary Ann*

### Background Section

Previous studies - *Don*

Status report on 2004 330F recommendations - *Mary Ann*

Data: review of the literature about children's mental health - *Don*

Prior findings and recommendations - *Don*

- \* Children's behavioral health services system is under funded
- \* Building capacity

Current policies: State Board/DMHMRSAS - *Don*

### Recommendations for the next three years

Our Vision/Guiding Principles to go into Departmental Instructions - *Kim and Kristi*

- \* Use a system of care model
- \* Keep central the viewpoint and needs of the children and families
- \* Develop universal access to needed services
- \* Provide information so that families know where to go for services
- \* Integrate health and mental health services - health services go hand-in-hand with mental health services, and cannot be ignored
- \* Provide services in schools
- \* Develop prevention programs

### DMHMRSAS -*Brian*

- \* Develop case management standards for the state, i.e., staff to client ratios
- \* Begin to change language from case management to care coordination
- \* Develop criteria for and then identify regional Centers of Excellence
- \* Develop a statewide family coalition responsible for developing a resource directory of children's services and family supports
- \* Begin developing universal access to a system of care for children and families
- \* Identify possible incentives for becoming and staying providers
  - \* Develop guidance for local offices to help them maximize the use of all existing funding sources to increase access - EPSDT, MR and **DD** Waivers, etc.
  - \* Focus on behavioral health and push out to the larger system

## Inter-departmental

DOE - *Beth*

- \* Pilots with CSBs

DMAS - *Beth*

- \* Suspension of benefits when in detention \*EPSDT

SEC - *Kim and Shirley*

- \* Encourage SOC
- \* Encourage integration

CFBHPPC - *Brian*

- \* Request a change in budget language to add members, including families, local government officials, and representatives of

DOE, VDH, DSS, DRS, insurance companies, and private providers

DJJ

SA

VACSB Proposal

## Funding Goals

Goal 1: Provide families the information they need when they need it - *Fran, Shirley, and Francine*

- \* Create and fund a statewide Family Coalition that provides a collective voice for children and families in Virginia
- \* Develop a statewide resource directory
- \* Create telephone Access # 211
- \* Write a one page flier about children's behavioral health needs and services that goes out with children through PTSA at beginning of school year
- \* Establish local resource centers

Goal 2: Expand capacity of child and family behavioral health services system - *Brian*

- \* *Funding to train and educate new clinicians in fields in which there is an under supply of specialists (child psychiatrists, child psychologists, etc.), with payback provisions so that they must practice in Virginia*
- \* Behavioral health care training for health care professionals: pediatricians, family practitioners, primary care physicians
- \* Funding for dedicated case management - one case manager per family
- \* Increase access to services in rural areas by using innovative strategies such as telemedicine
- \* Funding for CSBs and local school districts to create coordinated efforts to address behavior health problems in schools by maximizing the use of Medicaid in schools and in demonstration sites
- \* Expand from 2 pilot sites using MST or FFT with Juvenile Justice population and youth with co-occurring disorders
- \* Create a pool of startup funds for providers - for public/private partnerships with step-down funding over 2-3 years
- \* Fund substance abuse services for children in Medicaid

- \* Provide regional Centers of Excellence with funding to mentor similar communities

Goal 3: Enable OCFS to serve children and families effectively - *Shirley*

- Fund new position in *OCFS for adolescent SA coordination*
- Fund Infrastructure needs-fund an administrative (P14) to support the committee
- Funding to collect data and evaluate programs

Conclusion - this year's priorities - *Brian, Fran, and Beth*

One page of bullets for Legislators that summarizes Executive Summary - *Kristi*

Integrate family quotes and stories throughout the report - *Fran*

Timeline:

- Content to the committee and final content decision -April 14
- Draft reports to Brian to assemble - May 6
- Disseminate to committee- May 9
- Committee meeting May 12 or another day in May
- Final text revisions
- Mid-May report to SEC and Commissioner